



CENTRAL ALBERTA 5 PIN BOWLERS ASSOCIATION INTERPROVINCIALS ZONE FORMAT

More details at <http://www.centralalberta5pin.com> or e-mail: pres@centralalberta5pin.com

Tournament Rules and Regulations

1. The rules of the Canadian 5 Pin Bowlers' Association shall apply.
2. Entry is open to any person who:
 - a. Is 19 years of age as of December 31st of the current season.
 - b. Is a member of the Canadian 5 Pin Bowlers' Association (C5PBA).
 - c. Resides within the Central Zone of the Alberta 5 Pin Bowlers' Association (A5BA).
 - d. Proof of age, residency and membership is required at the Alberta Championships.
 - e. **All Central 5 Pin events are following current Health Regulations and are subject to change.**
3. *Bowling Centers may run a League and/or House Championships to qualify teams for the zone championships. (See Rule 9)
 - a. If a bowler that qualified in a house round is unable to attend zones a replacement bowler that bowled in the same house round can replace that bowler for zones. If no bowler is available another bowler from the zone may be chosen with approval of the chairperson.
4. Zone finals Five (5) games will take place at Heritage Lanes, Red Deer on November 15th, 2026, 9:00 a.m. (registration will start at 8:00 a.m.).
5. Zone teams must be made up of four bowlers of any gender who bowl in the same bowling zone.
6. Teams competing in the zone finals will comprise of the top team from each bowling center that hosts a house round and individual team entrants.
 - a. The top team from each bowling center that hosts a house round will be picked then individual team entries based on order of entry submission then the rest of the teams from the house rounds to fill the available shifts as determined by the zone chairperson.
7. This is points over average (POA) pinfall tournament.
8. Your highest league average prior to league or house round shall be used with a minimum of (15) games. Averages from all leagues must be submitted.
9. ***A league/house round is no longer recognized by the Board.** If you choose to do a House Round that is fine, but those winning teams need to enter the Zone Round like any other team entering. There is no guarantee of a House Round team automatically in.
10. Rolling averages will be in effect. Rolling averages are calculated from the previous 4 years IP zone averages and current league average. The Interprovincial rolling averages will be as follows. See website for examples.
 - a. The first-time bowler or if they had no entries in the previous 4 years, 100% of league average. The second year the bowler enters, 75% of league average and 25% of the previous IP zone average from the previous 4 years. The third year the bowler enters, 50% of league average and 25% of each of the 2 previous IP zone averages from the previous 4 years. The fourth year the bowler enters, 25% of league average and 25% of each of the 3 previous IP zone averages from the previous 4 years. The fifth year the bowler enters their average will be 25% of each of the 4 previous IP zone averages from the previous 4 years. In the event the bowler does not enter consecutive years it will be a percentage of their average and a percentage of the entries based on the above guidelines.
11. To Enter:
 - a. Each entrant must complete an entry form, sign it, and then forward it to the designated chairperson.
 - b. Submit cash, cheque, money order, E-Transfer, or casino credit with your entry form.
 - c. Please make your cheque payable to the "Central Alberta 5 Pin Bowlers' Association".
 - d. Zone finalists will pay \$80.00 per person, (\$320.00 per team) which includes lineage and entry fee as assessed by the Alberta 5 Pin Bowlers' Association. This excludes the C5PBA membership fee.
 - e. A \$25.00 fee will be charged for each dishonored cheque, plus the entrant will possibly be suspended from future Central Alberta 5 Pin Bowlers' Association events.
 - f. Any registered entrant who is unable to make the zone round needs to notify their team and the chairperson so you can be replaced. Any registered entrant who fails to bowl, or complete the event, without notifying the tournament chairperson, is subject to being suspended from next year's event.
 - g. **Persons trying to register on the day of the event are not guaranteed entry.**
12. Each entrant is responsible for their own accommodation, meals, and transportation at both the Central zone finals and Alberta Provincial Championships.
13. The top three teams from the zone round will advance to the provincial finals. The top team will be team A and the second team B and the third be team C.
14. Each team shall select a Certified Community level coach from those that have applied to coach at the provincial finals.
15. If a team member declines to advance to provincials, an alternate shall be allowed, they must have bowled in the zone final to qualify.
16. Each Alberta Provincial qualifier may participate in any fund-raising efforts of the Central Alberta 5 Pin Bowlers' Association. The profits will be applied to Central Zone expenses incurred at the Alberta Championships. Estimated costs at the Alberta Championships for all events are approximately \$30,000, including travel, accommodations, Hotel, Uniforms, Linage, etc.
17. The AB5 Pin Bowlers Association provides all provides all provincial finalists with four \$20 elimination tickets they may sell.
18. The Provincial Event Format can be found on A5 website by selecting Bowling then Provincials then choose the event from the drop-down menus at the top. <https://alberta5pin.com/>
19. Dress code for the zone finals will follow the A5 dress code. Persons violating the dress code will be asked to change or withdraw. Failure to comply may result in suspension from the tournament and the Association.
20. At Provincials, the Alberta 5 Pin Bowlers' Association Dress Code shall apply, which states "a bowler shall wear
 - a. A zone shirt which may be kept by the bowler; must have sleeves and finished neckline. Designs and logos on attire, accessories, and footwear will be approved at the discretion of the Tournament Committee. Items found derogatory or offensive will not be allowed.
 - b. PANTS, DRESS SHORTS, SKIRTS, SKORTS, or CAPRIS; must have straight hemmed bottom. Must be of a solid colour or patterns. Must predominantly reflect one of their registered zone colours. Must be of a length that covers past your fingertips on the thigh. No fluorescent colours, denims, stirrups, spandex, harem, ruggers, or sweatpants of any kind.
 - c. ONLY ZONE HATS. Unless worn for religious or medical reasons.
 - d. **Bowlers disregarding the dress code will be asked to change or be subject to a fine**

Note: Provincial Assessment fee to attend the National Championships is \$400 per bowler. The zone will pay no more than half of the assessment and the bowler is expected to pay for the remainder.